

A-M B-Well™ Omega-3 PGFO is a source of Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA) derived from ultra-refined, molecularly distilled fish oil. EPA and DHA are beneficial in helping to maintain heart function, healthy blood lipid, triglyceride, and cholesterol levels already in normal range.*

Suggested Usage:

Adult dosage: Take 3 capsules per day with meals or as directed by a health care professional.

The fish oil concentrate in **A-M B-Well™ Omega-3 PGFO** has been verified by the United States Pharmacopoeia (USP), the world's most highly recognized and technologically advanced pharmacopoeia.

Store in a cool, dry place.

"Supportive but not conclusive research shows that the consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease." Food and Drug Administration (FDA).

Product of Canada



Keep out of the reach of children.

This product does not contain artificial colouring or flavouring.

Manufactured exclusively for:

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ULTRA REFINED

OMEGA-3



A-M B-WELL inc.

90 Capsules / 1000 mg

NPN 80002607

SUPPLEMENT FACTS

Serving size: 1 capsule
 Servings per container: 90

| Total Calories 10 | | Calories from Fat 10 | |
|-------------------------------|----------|----------------------|----------------|
| | | Amount per Serving | % Daily Value* |
| Total fat | 1.0 g | | .5% |
| Saturated fat | 0 g | | 0% |
| Polyunsaturated fat | 1.0 g | | † |
| Monounsaturated fat | <0.5 g | | † |
| Vitamin E (Mixed tocopherols) | 10 iu | | 33% |
| Fish oil concentrate | 1,065 mg | | † |
| Omega-3 fatty acids (TG) | 630 mg | | † |
| EPA (eicosapentaenoic acid) | 400 mg | | † |
| DHA (docosahexaenoic acid) | 200 mg | | † |

* Percent Daily Values are based on a 2,000 calorie diet.
 † Daily Value not established

Fish Oil Concentrate (from sardine, anchovy and mackerel)
 Other Ingredients: gelatin, glycerin, purified water.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.